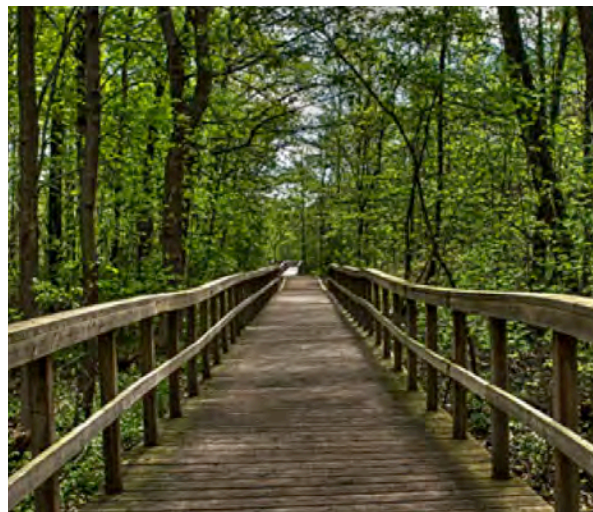


MOOD WALKS

Youth in Transition SUMMIT 2017



Agenda

- 8:30am Registration & Breakfast
- 9:00am Welcome & Introductions
- 9:30am Project Results & Next Steps
- 10:00am Storytelling Activity
- 10:45am *Break*
- 11:00am **Nature for All: Diversity & Inclusion**
Presentations from the "Kids in the Woods" Initiative, Credit Valley Conservation, and North in Focus
- 12:00pm *Lunch*
- 1:00pm Physical Activity Break
- 2:00pm **Youth Engagement**
Presentations from Lynwood Charlton Centre, YouthREX, and the Ontario Centre of Excellence for Child & Youth Mental Health
- 3:00pm *Break*
- 3:15pm **Campus Mental Health**
Presentations from the Centre for Innovation in Campus Mental Health, Ryerson University, and McMaster University
- 4:15pm Wrap-up and Closing Ceremony

Sunday, February 26, 2017

Harbourfront Centre

235 Queens Quay West
Toronto, Ontario M5J 2G8

8:30am – 4:30pm

Cost: \$25 (Students \$10)

Includes breakfast and lunch

Mood Walks presents a one-day knowledge exchange and networking summit to share the exciting strides taken over the past year implementing hiking programs across the province for youth living with mental health challenges.

The Mood Walks Summit will enable dialogue among its community of practice, and map new partnership paths that support mental wellness through the "green lift" of nature-related programs.

Space is limited. To register:

moodwalkssummit2017.eventbrite.ca

Questions? Contact

jasmine@moodwalks.ca



Canadian Mental Health Association
Ontario
Mental health for all

